

**2022-2023 W-FL Varsity Order of Events**

Updated 11/21/22

**Track - unlimited entries. Field - 5 entries each gender per event. 1B/1G relay per event. 3 events max per athlete.**

**All meet event orders are subject to change throughout the season**

Week 1 @ Nazareth Saturday 12/10	Week 2 @ RIT Friday 12/16	Week 3 @ RIT Tuesday 12/27	Week 4 @ RIT Thursday 12/29	Week 5 @ RIT Friday 1/6	Week 6 @ RIT Thursday 1/12	Week 7 @ RIT Thursday 1/19	Week 8 @ RIT Saturday 1/28	Week 9 @ RIT Saturday 2/11	Week 10 @ Nazareth Saturday 2/18-2/19
					Division 2 Champs	Division 1 Champs	League Championships		
8:30-12:30	5:30-10	2:30-8	8:30-2	5:30-10	4:30-9	4:30-9	8-1:30	12:45-4	4:30-10:30
<b>TRACK EVENTS</b>	<b>TRACK EVENTS</b>	<b>TRACK EVENTS</b>	<b>TRACK EVENTS</b>	<b>TRACK EVENTS</b>	<b>TRACK EVENTS</b>	<b>TRACK EVENTS</b>	<b>TRACK EVENTS</b>	<b>TRACK EVENTS</b>	<b>TRACK EVENTS</b>
1600/1500m	1500m RW (5:15)	3200/3000m	3200/3000m	55m Hurdles	3200/3000m	3200/3000m	3200/3000m	3200/3000m	3200/3000m
55m Hurdles	55m Hurdles	55m Hurdles	55m Hurdles	55m	55m Hurdles	55m Hurdles	55m Hurdles	55m Hurdles	55m Hurdles
55m	55m	55m	55m	1600/1500m	55m	55m	55m	55m	55m
1000m	600m	1000m	1000m	600m	1000m	1000m	1000m	1000m	1000m
300m	3200/3000m	1500m RW	1500m RW	1500m RW	1500m RW	1500m RW	1500m RW	1500m RW	1500m RW
600m	300m	600m	600m	1000m	600m	600m	600m	600m	600m
1500m RW	1000m	1600/1500m	1600/1500m	300m	1600/1500m	1600/1500m	1600/1500m	1600/1500m	1600/1500m
4x800m Relay	4x800m Relay	300m	300m	4x400m Relay	300m	300m	300m	300m	300m
4x400m Relay *	4x200m Relay *	4x800m Relay	4x800m Relay	4x200m Relay	4x800m Relay	4x800m Relay	4x800m Relay		4x800m Relay
4x200m Relay *		4x400m Relay	4x400m Relay		4x400m Relay	4x400m Relay	4x400m Relay		4x400m Relay
		4x200m Relay	4x200m Relay		4x200m Relay	4x200m Relay	4x200m Relay		4x200m Relay
<b>FIELD EVENTS</b>	<b>FIELD EVENTS</b>	<b>FIELD EVENTS</b>	<b>FIELD EVENTS</b>	<b>FIELD EVENTS</b>	<b>FIELD EVENTS</b>	<b>FIELD EVENTS</b>	<b>FIELD EVENTS</b>	<b>FIELD EVENTS</b>	<b>FIELD EVENTS</b>
G/B Shot Put	B/G Shot Put	G/B Shot Put	B/G Shot Put	G/B Shot Put	B/G Shot Put	B/G Shot Put	B/G Shot Put	B/G Shot Put	B/G Shot Put
B/G Weight Throw	G/B Weight Throw	B/G Weight Throw	G/B Weight Throw	B/G Weight Throw	G/B Weight Throw	G/B Weight Throw	G/B Weight Throw	G/B Weight Throw	G/B Weight Throw
G&B Pole Vault	G&B Pole Vault	G&B Pole Vault	G&B Pole Vault	G&B Pole Vault	G&B Pole Vault	G&B Pole Vault	G&B Pole Vault	G&B Pole Vault	G&B Pole Vault
B/G High Jump	G/B High Jump	B/G High Jump	G/B High Jump	G&B High Jump	B&G High Jump	B&G High Jump	B/G High Jump	B&G High Jump	B/G High Jump
B&G Long Jump	B/G Triple Jump	B&G Long Jump	G/B Triple Jump	B/G Long Jump	B/G Long Jump	B/G Long Jump	B/G Long Jump	B/G Triple Jump	B&G Triple Jump
followed by		followed by	followed by		followed by	followed by	followed by		followed by
B&G Triple Jump		B&G Triple Jump	B&G Long Jump		B/G Triple Jump	B/G Triple Jump	B/G Triple Jump		B&G Long Jump
			No Waterloo					No Waterloo	